







Importance of Clinical Engagement AMS as one solution to combat AMR











CLINICAL ENGAGEMENT (CE)

- Pivotal role in the fight against AMR
- An initial step towards promoting the utilization of laboratory testing before prescribing antimicrobial
- Promoting better clinical decisions and appropriate use of antibiotics
- focusing on addressing practice and behavioral changes, rather than solely relying on policies.









OBJECTIVES OF CE

- Optimizing and promoting appropriate antimicrobial use
- Leveraging diagnostics utilization
- Preventing infections
- Strengthening healthcare systems
- Facilitating continuous quality improvement
- Sustainability





















PILLARS FOR EFFECTIVE CLINICAL ENGAGEMENT

Antimicrobial stewardship

+ Diagnostic stewardship

Infection control program

=

LIMITS THE EMERGENCE AND TRANSMISSION OF ANTIMICROBIAL-RESISTANT BACTERIA



















DEFINITION

"the <u>optimal selection</u>, <u>dosage</u>, <u>and duration</u> of antimicrobial treatment that results in the <u>best</u> <u>clinical outcome</u> for the treatment or prevention of infection, with <u>minimal toxicity</u> to the patient and <u>minimal impact on subsequent resistance</u>."

Also defined as;

"Organizational or healthcare system-wide approach to promote and monitoring judicious use of antimicrobials to preserve their future effectiveness"









CLINICAL DEFINITION

- "The Right Antibiotic
- For the Right patient
 - At the Right time
- With the Right dose
- And the Right route,
- Causing the least harm to
- The patient and future patients"











CORE ELEMENTS OF AMSP ☐ Leadership Commitment Accountability ☐ Drug Expertise ☐ Action ☐ Tracking ☐ Reporting **□**Education

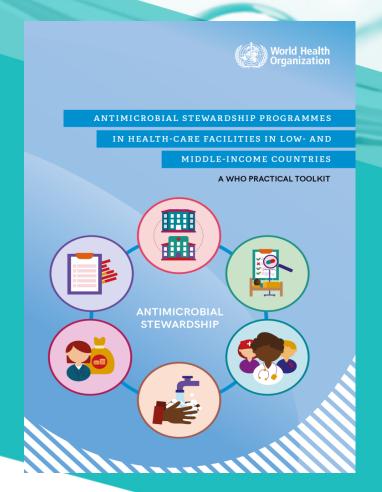








WHO RECENT DEVELOPMENT



WHO POLICY GUIDANCE ON INTEGRATED ANTIMICROBIAL STEWARDSHIP ACTIVITIES









WHO PRACTICAL TOOLKIT FOR IMPLEMENTATION OF AMS PROGRAMS

- GUIDANCE ON DEVELOPMENT OF AMS PROGRAMS
- 1. STRUCTURE
- 2. PLANNING AMS PROGRAMS
- 3. PERFORMING AMS INTERVENTIONS
- 4. ASSESSING AMS PROGRAMS
- 5. EDUCATION AND TRAINING



















Assess

AMS interventions:

process and outcome

Perform

AMS

interventions:

AMS team or champions

Targets for Improving antibiotic use

Quality Improvement

model

Assess structural,

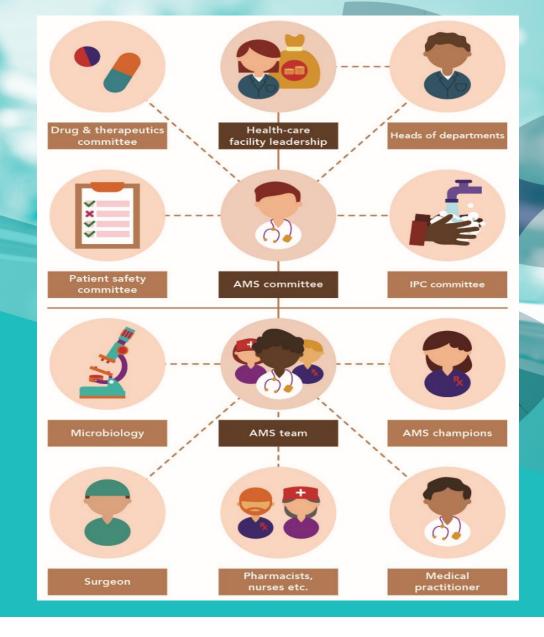
Indicators

PLANNING AMS PROGRAMMES

Situational or SWOT analysis: Structures, policies and guidelines Human resources Data: antimicrobials, resistance AMS activities To ensure accountability, prioritize activities and measure progress plan

Governance

- ✓ Responsibilities and accountability
- ✓ AMS team and/or AMS champions
- ✓ Link to other programmes/ committees











SITUATIONAL ANALYSIS

- Lack of coordination
- Multiple responsibilities to same personnel
- Lack of training
- Inadequate staffing
- Lack of awareness/ advocacy about ams
- Lack of funding
- Other high-priority initiatives
- Lack of local expertise in AMS
- Lack of AMS policy
- Prescribers' reluctance to change practices











PERFORMING AMS INTERVENTIONS

Passive measures

- Guidelines and clinical pathways
- Educational sessions/ workshops

Active interventions

- Prospective audit with intervention and feedback
- Streamlining and deescalation of therapy

Restrictive measures

- Antibiotic order form
- Formulary restriction and authorization

Supportive/ supplemental measures

- IV-oral conversion
- Dose optimization









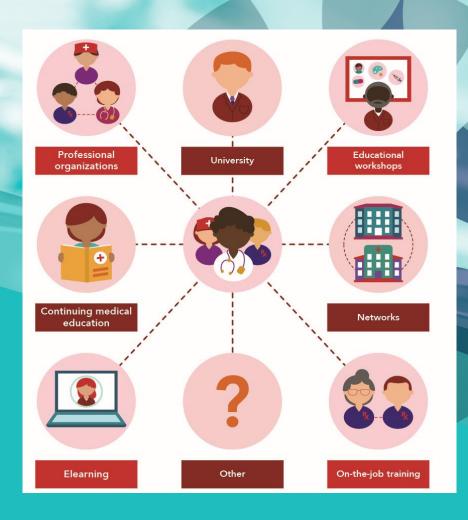
EDUCATION & TRAINING

AMS competencies

- Antibiotics
- Microbiology
- ✓ Infection management
- ✓ Plan and perform AMS interventions
- ✓ Monitor AMS interventions/ ABx use

Face to face workshops
Online e-learning resources

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WHO POLICY
GUIDANCE ON
INTEGRATED
ANTIMICROBIAL
STEWARDSHIP
ACTIVITIES

Identifying what is already in place, What needs to be put in place over time on a priority basis & what resources will be needed for the same

Periodic evaluation









ACTIONS: INTERVENTIONS

- Guidelines, policies, and protocols alone will probably not change practice
- Active interventions are most effective
 - Prospective audit
 - Formulary restriction and preauthorization
 - Antibiotic 'Time Out'
 - IV to oral switch
 - De-escalation therapy
 - Dose optimization











PROSPECTIVE AUDIT

- A physician reviews orders and intervenes with modification of orders and feedback to the prescriber
- Results in improved use, decreased costs
- Caveats:
 - Time and labour-intensive
 - Many settings do not have capacity
 - Providers may not be receptive









"Start Smart and Then Focus"

- **Documentations**
- Culture of Culture
- Allergy
- Mismatch "bug and drug"











FORMULARY RESTRICTION AND PREAUTHORIZATION

- Specific antibiotics cannot be ordered without authorization
- Useful in response to healthcare-associated outbreak











AN ANTIBIOTIC 'TIME OUT

- A concrete point in time dedicated to reviewing antimicrobial choice and duration
 - Reappraise therapy when more clinical data are available (usually in 48-72 hours)
 - Decide about continuation, narrowing therapy and specify a duration
- Recommended changes are better received and more likely to be followed at a later time point
- E.g. Surgical prophylaxis 24 hour









IV TO ORAL SWITCH

- Antibiotics with similar bioavailability
- Less side effects
- Less cost
- Shorter hospital stay











IV TO ORAL SWITCH

• For an intravenous to oral conversion, the following criteria must be met:

• **Inclusion Criteria**

- Patient is admitted to a non-intensive care unit (ICU)/general practice unit (GPU)
- Patient has received and is tolerating at least 1 dose of a medication administered enterally or is tolerating an enteral diet
- Patient has received the medication to be converted intravenously for at least 24 hours

• Exclusion Criteria

- The patient is admitted to an intensive care unit (ICU) (including ICU step-down or mixed ICU unit)
- Nonfunctioning gastrointestinal tract
 - Gastric obstruction or ileus
- Persistent nausea and vomiting
- Strict NPO (for a procedure or other medical reason)
- Patients receiving treatment for an active GI bleed









• Inclusion Criteria – Anti-Infectives

- Afebrile (T <38°C, 100.4°F) for at least 24 hours
- Resolving/normalizing WBC (unless on oral or injectable steroids)

• Exclusion Criteria – Anti-infectives

- Neutropenia (ANC <1000)
- Endocarditis
- Meningitis or brain abscess
- Clostridium difficile infection
- S aureus bacteremia
- Feeding tubes with intestinal access only (applies to fluoroquinolones only)









DOSE OPTIMIZATION

- Optimization of AB dosing based on
 - ✓ Individual patient characteristics
 - ✓ Causative organisms
 - ✓ Site of infections
 - ✓ PK-PD characteristics

TDM is also an AMS strategy











INTERVENTIONS/ ACTIONS

- Development of antibiotic guidelines/ SOPs
 - Local susceptibility/ antibiogram
 - Antimicrobial consumption
 - AWaRe Classifications
- Select and review charts
 - What is current practice? (surgical prophylaxis, antibiotic sensitivity testing)
 - What can we improve upon?
- Involve prescribers











WHO Aware Categorization of Antibiotics

ACCESS GROUP (29 antibiotics)

First and second choice antibiotics for the empiric treatment of most common/relevant infectious syndromes (21 syndromes).

First choices are usually narrow spectrum agents with positive benefit-to-risk ratios, and low resistance potential, whereas second choices are generally broader spectrum antibiotics with higher resistance potential, or less favorable benefit-to-risk ratios.

WATCH GROUP (7 antibiotic classes)

Antibiotics with higher resistance potential whose use as first and second choice treatment should be limited to a small number of syndromes or patient groups.

These medicines should be prioritized as key targets of stewardship programs and monitoring.

RESERVE GROUP (8 antibiotics or classes)

Antibiotics to be used mainly as 'last resort' treatment options that could be protected and prioritized as key targets of high-intensity stewardship programs.

Access Group

| Amikacin | Cefalexin | Clarithromycin* | Nitrofurantoin |
|---------------------------------|-----------------|-----------------|---------------------------------|
| Amoxicillin | Cefazolin | Clindamycin | Phenoxymethylpeni cillin |
| Amoxicillin + davulanic acid | Cefixime* | Cloxacillin | Piperacillin + tazobactam* |
| Ampicitlin | Cefotaxime* | Doxycycline | Procaine benzyl penicillin |
| Azithromycin* | Ceftriaxone* | Gentamicin | Spectinomycin |
| Benzathine benzylpenicillin | Chloramphenicol | Meropenem* | Sulfamethoxazole + trimethoprim |
| Benzylpenicillin | Ciprofloxacin* | Metronidazole | Vancomycin* |

WATCH GROUP

Quinolones and fluoroquinolones (e.g. ciprofloxacin, levofloxacin, moxifloxacin, norfloxacin

3rd-generation cephalosporins (with or without beta-lactamase inhibitor, e.g. cefixime, ceftriaxone, cefotaxime, ceftazidime)

Macrolides (e.g. azithromycin, clarithromycin, erythromycin)

Glycopeptides (e.g. teicoplanin, vancomycin)

Anti-pseudomonal penicillins with beta-lactamase inhibitor (e.g. piperacillin + tazobactam)

Carbapenems (e.g. meropenem, imipenem + cilastatin) and Penems (e.g. faropenem)

RESERVE GROUP

Aztreonam

Daptomycin

4th generation cephalosporins (e.g. cefepime)

5th generation cephalosporins (e.g. ceftaroline)

Fosfomycin (IV)

Oxazolidinones (e.g. linezolid)

Polymyxins (e.g. polymyxin B, colistin) Tigecyline









INTERVENTION OPTIONS

- Education
- Guidelines (include surgical, outpatient)
- Pre prescription review and restrictions
- Post prescription review (48 to 72 hrs)
- The "Time out" (48 to 72 hrs)
- Stop orders
- De escalation, redundant therapy
- IV to oral conversion
- Optimize dosing
- Audit and feedback (Ward rounds)
- Vendor restriction
- Use of EMR/ how IT can be of benefit
- Duration
- Allergy evaluation
- Regulatory











RECOMMENDATIONS

Identify dedicated leaders and champions within facilities who will take responsibility for establishing AMS committees and implement AMS programs

Identify funding sources to support facility-level AMS and present case study for funding to them

Sensitize stakeholders about the urgency of AMR as a health risk .and increase awareness of National Action Plan (NAP) content, government roll out plans for AMS

Integrate AMS training into existing CME/training programs and IPC training initiatives across all health disciplines

Training of trainers workshop for AMS team and cascade learning for others

Adapt WHO and other available material to country context

Establish mechanism for M&E based on NAP targets

Develop interdisciplinary training programs to support increased understanding and communication between wards and departments

Establish mechanism for coordination and internal communication between stakeholders

Sensitize facility leaders and other stakeholders about the urgency of AMR as a health risk.

Perform needs assessments of local laboratory capacity

Strengthen microbiology laboratory capacity







